



# Simmi Sangha

## For Welfare Officer

Hi! I am a first year Psychological and Behavioural Sciences student from Newnham College and am running for Welfare Officer for the Sikh Society.

Being a student at the University of Cambridge can be difficult and at times extremely stressful. Coming from a background in psychology means that I understand the vital role welfare and mental health play in any student's life very well.

### *Why me?*

- ★ I regularly attend events held by the Sikh Society such as the weekly Rehras Sahib so you can easily find me if you want to talk about any concerns or problems you are experiencing. I also helped out at the Revelation Revolution Conference.
- ★ I value the need for a strong support system for students so I will organise more social events throughout term for members to be able to get together and relax by taking a healthy break from work.
- ★ Having volunteered at a special needs children, I am equipped with the essential skills required for this role and will do my best to help in any way possible.



